

# November 2025 NEWSLETTER

#### **Themes**

#### Song & Dance

Music is everywhere! The children will learn about musical instruments, rhythm, and sound. They will sing, dance, explore making musical instruments out of everyday items, and more.

#### Fun on the Farm

Preschoolers love learning about farm life! During this theme, children will learn about the animals that live on farms, the foods that grow there, and the machines that work there. Roll up your sleeves for barnyard fun!

## Color/ Shape

## **Alphabet Words**

goat, garden, gold, giraffe, hammer, house, hippopotamus, harp, insect, impala, inch, icicles

Letters Gq, Hh, Ii

Numbers 7-8

## Sign Language





#### Learn with Me!

#### **Make Music**

Provide materials for your child to make simple musical instruments. For example, a drum can be made using an empty oatmeal carton or cardboard box. Your child can personalize the instrument by decorating the outside of the container with paper and coloring tools. Make a kazoo by attaching a small piece of wax paper to the end of a cardboard tube with a rubber band. Poke a small hole in the wax paper, and your child will be ready to toot away! Compare the sounds produced by the different instruments to develop auditory discrimination skills.

#### Farm to Table

Encourage your child to notice items around them that came from a farm. Talk about ingredients, fruits, and vegetables when shopping or cooking. How might the farmer have grown or produced the items?

## My Project: Beginner's Banjo

When I bring this project home, we can:

 Pluck the rubber bands and notice each sound.

 Play music and pluck the banjo to the beat of the song.

 Wrap rubber bands around other household objects (e.g., cookie cutters, baking pans,

empty shoe/tissue box) and notice the different sounds each makes.



#### My Project:

Old MacDonald's Farm

When I bring this project home, we can:

- Name and count the animals.
- Sing "Old MacDonald had a Farm" together.
- Practice making the animal sounds.



## **FAMILY CONNECTION**

#### **Book List**

The Farmer by Xima Abadia

Machines on the Farm by Lisa J. Amstutz

Music Is for Everyone by Jill Barber

Food from Farms by Nancy Dickmann

On the Farm by David Elliott

Pokko and the Drum by Matthew Forsythe

Violet's Music by Angela Johnson

ABC Dance!: An Animal Alphabet by Sabrina Moyle

### Songs & Rhymes

A Song for You

Sung to "I've Been Working on the Railroad" I've been practicing some music, All the livelong day. I've been practicing some music, Just to sing for you today!

Can you see my mouth a-moving As sounds fill up the air? We can sing our favorite songs, Join me if you care!

#### Little Bo Peep

Little Bo Peep has lost her sheep, And can't tell where to find them. Leave them alone, and they'll come home Wagging their tails behind them.

## Recipe

Maple Cinnamon Squash

butternut or acorn squash pure maple syrup cinnamon salt



Preheat your oven to 400°F.

Line a baking sheet pan with aluminum foil. Bring out the squash. What does your child think the inside of the squash will look like? Cut it in half lengthwise (adult only) and point out the seeds. Your child can help scoop out the seeds with a spoon.

Slice the squash into slices, and have your child help place them onto the sheet pan. Pour some maple syrup into a bowl. Offer your child a pastry brush and encourage them to brush both sides of the squash slices with syrup. Sprinkle with cinnamon, and then roast in the oven for approximately 20 minutes or until fork-tender, flipping slices over half way through. Allow to cool slightly before enjoying as a snack or side dish to a meal.

Reminders	